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IOWA CONFERENCE CROSS COUNTRY CHAMPIONSHIP PREVIEW

CEDAR RAPIDS, IOWA . . . The 2009 Iowa Intercollegiate Athletic Conference (IIAC) Cross Country Championship is Saturday, October 31, at Max Championship Cross Country Course in Waverly. The women's 6,000-meter race begins at 11 a.m. and is followed by the men's 8,000-meter race at noon. The Max Championship Cross Country Course is located on the northwest edge of the Wartburg College campus.

Women's Race: Thirteen former All-Conference runners return on the women's side, including seven from last year. Last year's runner-up, **Anna Kraayenbrink** of Wartburg, leads a total of six Knights in the field with All-Conference honors from previous championships. She enters the Iowa Conference meet with top-5 finishes in every meet she has entered this season.

In addition to Kraayenbrink, **Amanda Kuiken** (7th) and **Jennifer Kuiken** (6th), **Lori Tlach** (9th) and **Brendelyn White** (12th) return for Wartburg from last year's top seven. **Nicole Calabrese** (3rd in 2005) is the final runner on Wartburg's roster with All-Conference hardware.

Simpson's **Catie Ellingson** (14th) and Luther's **Becky Eckerman** (10th) are the other 2008 All-Conference competitors returning to their lineups, while six runners – Central's **Angie Berry** (2nd), Luther's **Annie McKay** (12th) and **Katie Dolan** (15th), Ellingson (10th), Amanda Kuiken (8th), and Jennifer Kuiken (7th) earned honors in 2007. Ellingson, Amanda Kuiken, and Jennifer Kuiken, all two-time All-Conference selections, are looking to add to the list of 37 runners who have All-Iowa Conference honors at least three times.

Loras' **Erica Stevens** (6th in 2006) and Simpson's **Jess Christensen** (7th in 2006) are other runners in the field who have earned All-Conference honors.

This year's Championship line-ups feature 12 former All-Central Region runners, including five multiple-time honorees. Stevens earned regional honors in 2006 (25th), 2007 (32nd), and 2008 (34th), while Berry earned honors in 2006 (13th) and 2007 (6th). Kraayenbrink was an All-Region runner in 2006 (23rd) and 2008 (2nd) and both Amanda (21st; 12th) and Jennifer (23rd; 14th) captured honors in 2007 and 2008.

McKay (28th in 2007), Christensen (34th in 2006), Ellingson (16th in 2007), Calabrese (3rd in 2005), Eckerman (22nd in 2008), Tlach (25th in 2008), and Dolan (31st in 2008) complete the list of Iowa Conference all-region honorees in this year's Championship field.

Wartburg won its 10th Iowa Conference women's cross country championship with 28 points after placing its top five runners in the top 8. Defending champion Luther was second with 49 points, while Loras took third with 90 points. Central was fourth (109) followed by Simpson (136).

Men's Race: Eight former All-Conference (top-15 finishes) return to their teams' Championship line-up including two top-10 finishers from 2008. Those numbers do not include Simpson's **Eric Patten** who has missed the entire season with injuries after placing sixth last season. With Patten out of the lineup, the title of top returning runner falls to Luther's Erik Johnson, who finished ninth at last year's Championship. In addition, Johnson is one of five Luther returners to place in the top 15 in 2008. He is followed by **Shane Steele** (10th), **Kyle Buck** (13th),

Jordan Lang (14th), and **Drew Burmahl** (15th). Also listed on the Luther roster is **Mike Switzer**, an 11th-place finisher in 2007.

Coe's Lane Moser (11th in 2008) and Cornell's Andrew Tobben (8th in 2007) are the remaining runners with All-Conference experience.

Johnson has the opportunity to earn All-Iowa Conference honors for the third time. In addition to his ninth-place finish last year, Johnson posted a 15th-place finish in 2007. Tobben is the only runner in the men's field with All-Central Region honors on his résumé. The junior finished 35th in 2007 and 24th in 2008.

Luther College won its IIAC-best 30th men's cross country title last year. The Norse (48 points) placed six runners in the top-15 to top Loras (59), Coe (67), and Simpson (81). For Coe, the third-place finish represented a Championship-best team finish.

Previous IIAC Cross Country Championship results can be found at:

Men – http://www.iowaconference.com/men/cross_country/tournaments.htm

Women – http://www.iowaconference.com/women/cross_country/tournaments.htm

Following are the 2009 meet-by-meet results for each school along with their probable line-up for the Championship including each runner's top time of the season at the championship distance.

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Buena Vista University Beavers

MEN

2008 IIAC Finish – 9th (274)

Top Returner – Jordan Flaws, 95th (27:40.87)

WOMEN

2008 IIAC Finish – 9th (277)

Top Returner – Ali Bunde, 121th (26:34.12)

Probable Runner	Top 8K Time		Probable Runner	Top 6K Time
Jared Bruce	27:48 at BVU Invitational		Ali Bunde	27:33 at Dan Huston Invitational
Andrew Smith	29:13 at Dan Huston Invitational		Breanna Platt	31:41 at Dan Huston Invitational
Brian Christiansen	28:59 at BVU Invitational		Rachel Burnette	32:01 at Dan Huston Invitational
Jordan Flaws	30:16 at BVU Invitational		Candace Klepper	25:27 (5K) at Mount Marty Invite
Alex Moore	31:15 at BVU Invitational		Elizabeth Larscheid	No times at distance
Andrew Soden	37:47 at Iowa State Intercollegiate			

Men's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/5	Central Dutch Invitational (6K)	6th of 7 (169)	Jared Bruce, 36th (21:42)
9/19	Iowa State Intercollegiate (8K)	8th of 10 (234)	Jared Bruce, 44th (29:30)
9/26	Buena Vista Open (8K)	4th of 5 (109)	Jared Bruce, 8th (27:48.25)
10/10	Dan Huston Invitational (8K)	13th of 13 (413)	Jared Bruce, 100th (28:18)
10/24	Mount Marty Invitational (8K)	16th of 18 (466)	Jared Bruce, 84th (29:08.27)

Women's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/5	Central Dutch Invitational (5K)	Incomplete Team	Ali Bunde, 86th (24:14)
9/19	Iowa Intercollegiate (5K)	Incomplete Team	Ali Bunde, 82nd (25:18)
9/26	Buena Vista Open (6K)	Incomplete Team	Ali Bunde, 41st (28:53.31)
10/10	Dan Huston Invitational (6K)	Incomplete Team	Ali Bunde, 136th (27:33)
10/24	Mount Marty Invitational (5K)	Incomplete Team	Bre Platt, 139th (25:26.65)

Central College Dutch

MEN

2008 IIAC Finish – 6th (170)

Top Returner – Pierre Taylor, 22nd (25:19.52)

WOMEN

2008 IIAC Finish – 4th (109)

Top Returner – Angie Berry, 19th (21:55.03)

Probable Runner	Top 8K Time		Probable Runner	Top 6K Time
Teddy Clark	26:20 at Brissman-Lundeen Invitational		Angie Berry	22:35 at Tori Neubauer Invitational
Jon Gonzales	26:36 at Jim Drews Invitational		Amber Mayer	22:51 at Tori Neubauer Invitational
Pierre Taylor	27:10 at Jim Drews Invitational		Hannah Anderson	23:42 at St. Olaf Invitational
Andrew Hamer	27:30 at Jim Drews Invitational		Amy Ledvina	23:33 at Tori Neubauer Invitational
Austin Vondracek	27:32 at Jim Drews Invitational		Mel McDermott	23:53 at Tori Neubauer Invitational
Cody Burkhardt	28:12 at Jim Drews Invitational		Melanie Louis	24:25 at Tori Neubauer Invitational
Cory Fitzsimmons	28:39 at Brissman-Lundeen Invitational		Rachelle Tipton	24:27 at Tori Neubauer Invitational

Men's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/5	Central Dutch Invitational (6K)	4th of 7 (85)	Teddy Clark, 6th (20:00)
9/19	St. Olaf Invitational (8K)	10th of 17 (237)	Teddy Clark, 10th (26:41)
9/25	Brissman-Lundeen Invitational (8K)	10th of 26 (337)	Teddy Clark, 27th (26:20.2)
10/10	Lamb-Kohawk Invitational (8K)	2nd of 4 (32)	Teddy Clark, 3rd (27:09.65)
10/17	Wis.-La Crosse Jim Drews Invitate (8K)	22nd of 29 (584)	John Gonzales, 107th (26:36.4)

Women's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/5	Central Dutch Invitational (5K)	1st of 6 (25)	Angie Berry, 1st (18:30)
9/19	St. Olaf Invitational (6K)	4th of 16 (140)	Angie Berry, 4th (22:42)
9/25	Brissman-Lundeen Invitational (5.42K)	3rd of 21 (111)	Angie Berry, 5th (20:15.4)
10/10	Lamb-Kohawk Invitational (6K)	1st of 4 (15)	Angie Berry, 1st (24:34.41)
10/17	Wis.-La Crosse Tori Neubauer Invite (6K)	11th of 27 (308)	Angie Berry, 21st (22:35.0)

Coe College Kohawks

MEN

2008 IIAC Finish – 3rd (67)

Top Returner – Lane Moser, 11th (24:58.63)

WOMEN

2008 IIAC Finish – 7th (177)

Top Returner – Heather White, 58th (23:23.18)

Probable Runner	Top 8K Time	Probable Runner	Top 6K Time
Andrew Dewar	25:24 at Wis.-Oshkosh Brooks Invitational	Jessie Robison	24:34 at Wis.-Oshkosh Brooks Invitational
Kyle Heineman	25:29 at Wis.-Oshkosh Brooks Invitational	Heather White	24:59 at Wis.-Oshkosh Brooks Invitational
Lane Moser	25:31 at Wis.-Oshkosh Brooks Invitational	Sara Heizer	25:17 at Wis.-Oshkosh Brooks Invitational
DC Cusanelli	26:15 at Wis.-Oshkosh Brooks Invitational	Keri Schaefer	26:02 at Wis.-Oshkosh Brooks Invitational
Craig Nie	26:39 at Wis.-Oshkosh Brooks Invitational	Kim Kuda	26:29 at Wis.-Oshkosh Brooks Invitational
Jordan Lord	26:48 at Wis.-Oshkosh Brooks Invitational	Elizabeth Matthias	26:44 at Wis.-Oshkosh Brooks Invitational
Hunter Hills	27:02 at Wis.-Oshkosh Brooks Invitational	Stacy Voccia	26:50 at Lamb-Kohawk Invitational

Men's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Coe-Cornell-Dubuque Triangular (3K)	NTS	Lane Moser, 4th (9:37)
9/5	Mount Mercy Mustang Gallop (5K)	1st of 8 (32)	Lane Moser, 1st (16:24)
9/12	Les Duke Invitational (8K)	t-9th of 14 (218)	Lane Moser, 9th (26:20)
9/26	Roy Griak Invitational (8K)	17th of 35 (450)	Lane Moser, 29th (26:52.8)
10/10	Lamb-Kohawk Invitational (8K)	1st of 4 (23)	Kyle Heineman, 1st (26:45.33)
10/17	Wis.-Oshkosh Brooks Invitational (8K)	29th of 34 (878)	Anthony Dewar, 55th (25:24.90)

Women's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Coe-Cornell-Dubuque Triangular (3K)	NTS	Sara Heizen, 11th (12:37)
9/5	Mount Mercy Mustang Gallop (5K)	5th of 6 (114)	Sara Heizen, 11th (16:55)
9/12	Les Duke Invitational (6K)	11th of 11 (341)	Sara Heizen, 92nd (26:35)
9/26	Roy Griak Invitational (6K)	28th of 37 (878)	Heather White, 234th (26:35.4)
10/10	Lamb-Kohawk Invitational (6K)	2nd of 4 (50)	Jessie Robison, 9th (25:59.43)
10/17	Wis.-Oshkosh Brooks Invitational (6K)	14th of 35 (401)	Jessie Robison, 214th (24:34.79)

Cornell College Rams

MEN

2008 IIAC Finish – 7th (208)

Top Returner – Chase Nowak, 31st (25:30.36)

WOMEN

2008 IIAC Finish – 6th (147)

Top Returner – Andrea Aerts, 56th (23:18.38)

Probable Runner	Top 8K Time	Probable Runner	Top 6K Time
Andrew Tobben	25:49 at Carleton Running of the Cows	Allie Jagielo	23:48 at Dan Huston / Carleton Invites
Chase Nowak	25:56 at Brissman-Lundeen Invitational	Andrea Aerts	25:06 at Carleton Running of the Cows
Ben Jacobs	26:36 at Brissman-Lundeen Invitational	Leslie Smebak	25:20 at Les Duke Invitational
Adam Rooyackers	27:21 at Carleton Running of the Cows	Lauren Seemann	25:26 at Dan Huston Invitational
Tommy LeForce	27:22 at Brissman-Lundeen Invitational	Elise Mead	25:41 at Dan Huston Invitational
David Kuhlmann	27:16 at Dan Huston Invitational	Laura Lindsay	25:30 at Dan Huston Invitational
Quin Purkey	27:31 at Brissman-Lundeen Invitational	Ellie Hutchison	26:07 at Carleton Running of the Cows

Men's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Coe-Cornell-Dubuque Triangular (3K)	NTS	Chase Nowak, 1st (9:30)
9/12	Les Duke Invitational (8K)	3rd of 14 (113)	Andrew Tobben, 5th (26:13)
9/25	Brissman-Lundeen Invitational (8K)	7th of 26 (200)	Chase Nowak, 15th (25:56.8)
10/10	Dan Huston Invitational (8K)	6th of 13 (134)	Andrew Tobben, 2nd (26:00)
10/17	Carleton Running of the Cows (8K)	1st of 3 (22)	Andrew Tobben, 1st (25:49.8)

Women's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Coe-Cornell-Dubuque Triangular (3K)	NTS	Allie Jagielo, 1st (11:39)
9/12	Les Duke Invitational (6K)	9th of 11 (232)	Allie Jagielo, 23rd (24:15)
9/25	Brissman-Lundeen Invitational (5.42K)	15th of 21 (373)	Allie Jagielo, 33rd (21:26.0)
10/10	Dan Huston Invitational (6K)	9th of 11 (251)	Allie Jagielo, 16th (23:48)
10/17	Carleton Running of the Cows (6K)	3rd of 3 (74)	Allie Jagielo, 4th (23:48.8)

University of Dubuque Spartans

MEN

2008 IIAC Finish – 8th (255)

Top Returner – Adam Ahlden, 54th (26:19.81)

WOMEN

2008 IIAC Finish – 8th (267)

Top Returner – Kelsey Rursch, 118th (26:24.99)

Probable Runner	Top 8K Time	Probable Runner	Top 6K Time
Adam Ahlden	29:33 at Jim Drews Invitational	Beth Michaelis	24:45 at Tori Neubauer Invitational
Cory Grandon	30:04 at Jim Drews Invitational	Megan Bloedow	25:03 at Tori Neubauer Invitational
Aaron Ewinger	30:28 at Jim Drews Invitational	Megan Michaelis	24:46 at Wisconsin Lutheran Warrior Invite
Freddy Frick	32:11 at Jim Drews Invitational	Chelsey Kemp	25:57 at Les Duke Invitational
Nicholas Barker	32:22 at Jim Drews Invitational	Katie Tipping	27:25 at Tori Neubauer Invitational
Oscar Corona	33:39 at Jim Drews Invitational	Kelsey Rursch	30:25 at Tori Neubauer Invitational
Michael Wilhite	33:47 at Jim Drews Invitational	Kaylee Carter	31:02 at Tori Neubauer Invitational

Men's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/1	Coe-Cornell-Dubuque Triangular (3K)	NTS	Adam Ahlden, 22nd (10:41)
9/12	Les Duke Invitational (8K)	15th of 17 (470)	Adam Ahlden, 112th (30:10)
9/19	Iowa State Intercollegiate (8K)	10th of 10 (285)	Adam Ahlden, 63rd (31:08)
10/3	Wisconsin Lutheran Invitational (8K)	9th of 14 (237)	Adam Ahlden, 30th (29:48.78)
10/17	Wis.-La Crosse Jim Drews Invite (8K)	27th of 29 (902)	Adam Ahlden, 358th (29:33.1)

Women's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/1	Coe-Cornell-Dubuque Triangular (3K)	NTS	Beth Michaelis, 3rd (12:03)
9/12	Les Duke Invitational (6K)	10th of 11 (284)	Megan Michaelis, 44th (25:10)
9/19	Iowa State Intercollegiate (5K)	8th of 10 (198)	Chelsey Kemp, 41st (20:54)
10/3	Wisconsin Lutheran Invitational (6K)	6th of 15 (167)	Megan Michaelis, 7th (24:46.22)
10/17	Wis.-La Crosse Tori Neubauer Invite (6K)	25th of 27 (749)	Beth Michaelis, 182nd (24:45.5)

Loras College Duhawks

MEN

2008 IIAC Finish – 2nd (59)

Top Returner – Tyler Meyer, 20th (25:09.30)

WOMEN

2008 IIAC Finish – 3rd (90)

Top Returner – Erica Stevens, 18th (21:54.41)

Probable Runner	Top 8K Time	Probable Runner	Top 6K Time
Austin Steil	27:13 at Brissman-Lundeen Invitational	Hannah Weiss	23:52 at Dan Huston Invitational
Dain Leytem	27:13 at Dan Huston Invitational	Tara Kilburg	23:54 at Dan Huston Invitational
Ryan Engelman	27:13 at Dr. Robert Tucker Invitational	Erica Stevens	24:13 at Dr. Robert Tucker Invitational
Mike Higgins	27:14 at Dr. Robert Tucker Invitational	Meghan Wolett	24:28 at Dan Huston Invitational
Tyler Meyer	27:20 at National Catholic Championships	Ashley Schoenoff	24:29 at Dr. Robert Tucker Invitational
Dan McDermott	27:36 at Dan Huston Invitational	Tonya Wittman	24:47 at Dan Huston Invitational
Tom Henders	28:00 at Dan Huston Invitational	Genna Kinley	24:48 at Dr. Robert Tucker Invitational

Men's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/12	Les Duke Invitational (8K)	t-9th of 17 (218)	Tyler Meyer, 37th (27:44)
9/18	National Catholic Championships (8K)	11th of 32 (315)	Dain Leytem, 58th (27:16.1)
9/25	Brissman-Lundeen Invitational (8K)	16th of 26 (515)	Austin Steil, 74th (27:13.3)
10/10	Dan Huston Invitational (8K)	8th of 13 (220)	Dain Leytem, 47th (27:13)
10/16	Dr. Tucker Loras Invitational (8K)	1st of 4 (26)	Ryan Engelman, 1st (27:13)

Women's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/12	Les Duke Invitational (6K)	6th of 11 (156)	Hannah Weiss, 20th (23:59)
9/18	National Catholic Championships (5K)	8th of 31 (281)	Tara Kilburg, 41st (19:29.6)
9/25	Brissman-Lundeen Invitational (5.42K)	16th of 21 (461)	Molly Rea, 92nd (22:20.4)
10/10	Dan Huston Invitational (6K)	6th of 11 (249)	Hannah Weiss, 18th (23:52)
10/16	Dr. Tucker Loras Invitational (6K)	1st of 3 (16)	Tara Kilburg, 1st (24:05)

Luther College Norse

MEN

2008 IIAC Finish – 1st (48)

Top Returner – Erik Johnson, 9th (24:54.56)

WOMEN

2008 IIAC Finish – 2nd (49)

Top Returner – Katie Dolan, 16th (21:51.04)

Probable Runner	Top 8K Time	Probable Runner	Top 6K Time
Karl Larson	25:57 at Jim Drews Invitational	Katie Dolan	22:28 at Tori Neubauer Invitational
Drew Burmahl	26:07 at Jim Drews Invitational	Sarah Lundine	23:13 at Tori Neubauer Invitational
Jordan Lang	26:26 at Jim Drews Invitational	Kim Horner	23:23 at Tori Neubauer Invitational
Erik Johnson	26:29 at Jim Drews Invitational	Melissa Erickson	23:31 at Tori Neubauer Invitational
Kyle Buck	26:44 at Jim Drews Invitational	Sharon Heyer	23:40 at Tori Neubauer Invitational
Shane Steele	26:46 at Jim Drews Invitational	Julia Schiefelbein	24:02 at Tori Neubauer Invitational
Evan Neubauer	26:52 at Jim Drews Invitational	Chelsea Lynch	24:05 at Tori Neubauer Invitational

Men's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/5	Central Dutch Invitational (6K)	5th of 7 (105)	Erik Johnson, 23rd (20:59)
9/12	Luther All-American Invitational (4 mi.)	2nd of 8 (72)	Drew Burmahl, 6th (21:19)
9/26	Roy Griak Invitational (8K)	11th of 35 (351)	Karl Larson, 60th (27:18.3)
10/2	Wis.-Eau Claire Invitational (8K)	8th of 18 (212)	Marty Mitchell, 32nd (26:56.36)
10/10	St. Catherine Invitational (4K)	2nd of 3 (50)	Drew Burmahl, 4th (12:33.5)
10/17	Wis.-La Crosse Jim Drews Invite (8K)	11th of 29 (333)	Karl Larson, 43rd (25:57.0)
10/23	Wis.-La Crosse @ Luther (dual)	W, 23-35	Evan Neubauer, 2nd (21:42.3)

Women's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/5	Central Dutch Invitational (5K)	4th of 6 (80)	Katie Dolan, 15th (20:18)
9/12	Luther All-American Invitational (5K)	2nd of 8 (45)	Katie Dolan, 6th (19:24)
9/26	Roy Griak Invitational (6K)	8th of 37 (266)	Annie McKay, 44th (24:05.6)
10/2	Wis.-Eau Claire Invitational (6K)	9th of 19 (248)	Chelsea Lynch, 71st (24:22.06)
10/10	St. Catherine Invitational (4K)	1st of 5 (32)	Katie Dolan, 3rd (14:50)
10/17	Wis.-La Crosse Tori Neubauer Invite (6K)	8th of 27 (246)	Katie Dolan, 18th (22:28.8)

Simpson College Storm

MEN

2008 IIAC Finish – 4th (81)

Top Returner – Ryan Edwardson, 17th (25:04.76)

WOMEN

2008 IIAC Finish – 5th (136)

Top Returner – Catie Ellingson, 14th (21:39.26)

Probable Runner	Top 8K Time	Probable Runner	Top 6K Time
Luke Weber	26:22 at Jim Drews Invitational	Catie Ellingson	22:45 at Les Duke Invitational
Ryan Edwardson	26:24 at Jim Drews Invitational	Sarah Hammel	23:16 at Tori Neubauer Invitational
Casey Dunning	27:23 at Dan Huston Invitational	Jess Christensen	23:38 at Tori Neubauer Invitational
Matt Stone	27:54 at Jim Drews Invitational	Tricia Davis	24:15 at Tori Neubauer Invitational
Mitchell Davis	28:14 at Jim Drews Invitational	Signe Mayland	24:59 at Tori Neubauer Invitational
Ben Duea	28:44 at Jim Drews Invitational	Erin Guzman	25:30 at Tori Neubauer Invitational
John Warnke	28:37 at Les Duke Invitational	Jayde Boyle	26:04 at Tori Neubauer Invitational

Men's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/5	Central Dutch Invitational (6K)	2nd of 7 (47)	Ryan Edwardson, 2nd (19:40)
9/12	Les Duke Invitational (8K)	7th of 17 (195)	Ryan Edwardson, 13th (26:42)
9/26	Roy Griak Invitational (8K)	20th of 35 (566)	Luke Weber, 75th (27:33.0)
10/10	Dan Huston Invitational (8K)	9th of 13 (247)	Luke Weber, 28th (26:53)
10/17	Wis.-La Crosse Jim Drews Invite (8K)	20th of 29 (569)	Luke Weber, 75th (26:22.4)

Women's Meet-by-Meet Results

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/5	Central Dutch Invitational (5K)	2nd of 6 (58)	Catie Ellingson, 2nd (18:56)
9/12	Les Duke Invitational (6K)	7th of 11 (167)	Catie Ellingson, 5th (22:45)
9/26	Roy Griak Invitational (6K)	12th of 37 (374)	Catie Ellingson, 11th (23:06.0)
10/10	Dan Huston Invitational (6K)	5th of 11 (143)	Catie Ellingson, 4th (22:55)
10/17	Wis.-La Crosse Tori Neubauer Invite (6K)	19th of 27 (503)	Sarah Hammel, 54th (23:16.2)

Wartburg College Knights

MEN

2008 IIAC Finish – 5th (114)

Top Returner – Jon Stover, 30th (25:29.24)

WOMEN

2008 IIAC Finish – Champion (28)

Top Returner – Anna Kraayenbrink, 2nd (20:35.89)

Probable Runner	Top 8K Time	Probable Runner	Top 6K Time
Matt Moore	26:08 at Jim Drews Invitational	Anna Kraayenbrink	21:43 at Tori Neubauer Invitational
Jon Stover	26:08 at Jim Drews Invitational	Jennifer Kuiken	22:41 at Tori Neubauer Invitational
Sam Sturtz	26:37 at Jim Drews Invitational	Amanda Kuiken	22:44 at Tori Neubauer Invitational
Jon Sturm	27:01 at Jim Drews Invitational	Lori Tlach	23:09 at Tori Neubauer Invitational
Logan Swarts	27:20 at Jim Drews Invitational	Brendelyn White	23:35 at Tori Neubauer Invitational
Shane Warehime	27:21 at Jim Drews Invitational	Nicole Calabrese	23:41 at Tori Neubauer Invitational
Grant Moser	27:22 at Jim Drews Invitational	Lexi Spain	23:41 at Tori Neubauer Invitational

Men's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/4	Black Hills State Invitational (4K)	L, 15-48	Jon Stover, 7th (13:15.85)
9/12	Les Duke Invitational (8K)	4th of 17 (124)	Jon Stover, 14th (26:42)
9/19	Woody Greeno Invitational (8K)	16th of 26 (437)	Matt Moore, 64th (26:54.6)
9/26	Roy Griak Invitational (8K)	10th of 35 (337)	Jon Stover, 52nd (27:10.7)
9/26	Buena Vista Open (8K)	3rd of 5 (80)	Parker Comentino, 9th (27:48.60)
10/10	Dan Huston Invitational (8K)	5th of 13 (133)	Matt Moore, 13th (26:23)
10/17	Wis.-La Crosse Jim Drews Invite (8K)	17th of 29 (430)	Matt Moore, 54th (26:08.2)

Women's Meet-by-Meet Results

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/4	Black Hills State Invitational (4K)	W, 22-35	Anna Kraayenbrink, 1st (15:11.08)
9/12	Les Duke Invitational (6K)	3rd of 11 (75)	Anna Kraayenbrink, 4th (22:25)
9/19	Woody Greeno Invitational (6K)	3rd of 27 (140)	Anna Kraayenbrink, 5th (21:07.73)
9/26	Roy Griak Invitational (6K)	5th of 37 (154)	Anna Kraayenbrink, 4th (22:30.3)
9/26	Buena Vista Open (6K)	4th of 4 (94)	Elissa Hageman, 16th (25:57.7)
10/10	Dan Huston Invitational (6K)	1st of 11 (39)	Anna Kraayenbrink, 2nd (22:08)
10/17	Wis.-La Crosse Tori Neubauer Invite (6K)	5th of 27 (154)	Anna Kraayenbrink, 1st (21:43.5)